



MAU schedules and locations are subject to change without notice. For a current listing of Medical Aid Units in your area, please visit [highmarkbcbdsde.com](https://highmarkbcbdsde.com) or call Customer Service at 1-844-459-6452.

## Did You Know?

Medical Aid Units (MAUs) provide urgent care and may be a less expensive alternative to a hospital Emergency Department (ED). MAUs treat common ailments and injuries including:

- Minor lacerations requiring stitches
- Joint sprains
- Cuts and minor burns
- Most broken bones
- Headaches
- Pediatric medical problems (e.g., eye and ear infections)
- Muscle, joint, and back pain
- Mild asthma attacks
- Fevers and flu
- Allergies
- Routine infections (e.g., ear, throat, sinus and bladder infections)
- Coughs and colds
- Sexually transmitted infections
- Emergency contraceptive care
- Skin irritation or skin infection

## Common Questions

### What are Medical Aid Units?

Medical Aid Units (MAUs) are Urgent Care Facilities that treat injuries or illnesses that are not life-threatening, but require care within a few hours or the same day. With an MAU, you don't need an appointment, and you may avoid the longer waits you might find at a busy Emergency Department (ED).

### How do Medical Aid Units work?

MAUs are staffed by medical professionals, which may include physicians, nurse practitioners and physicians' assistants. Many offer on-site diagnostic equipment, including X-ray and laboratory services, and are generally open at times when your doctor's office may be closed.

### When should I go to an ED?

MAU services are covered by your health benefits plan. The cost to you (your copay) is lower if you seek care from a medical aid unit or urgent care center instead of an ED. Additionally, to see the most up-to-date list of MAUs and their locations, visit [highmarkbcbdsde.com](https://highmarkbcbdsde.com), click on **Find a Doctor or Rx** and choose **Find a Doctor, Hospital or other Medical Provider** then choose **Urgent Care Centers & Retail Clinic** from the Doctors & Medical Professionals drop-down menu.

While MAUs are appropriate for common conditions and injuries, life-threatening symptoms, such as chest pains, symptoms of stroke, severe headaches, excessive bleeding, or vomiting are best handled by an ED.

Please be sure to use your best judgment in any medical situation. If you believe that you have a life-threatening emergency and do not have time to speak with your doctor, then proceed to the nearest ED for care.



While not a trauma center, a freestanding ED is open 24/7, and is generally able to treat most emergencies. It is important to note that a freestanding ED falls under your health plan's Emergency Facility definition, which means the cost may be higher to you if you choose to be treated there instead of at an MAU. If you have any questions, please contact Customer Service at the number on your Highmark Blue Cross Blue Shield Delaware ID card.

For assistance or health support, call a Blues On Call<sup>SM</sup> health coach at 1-888-BLUE-428 (1-888-258-3428). All coaches are trained to help you make informed health decisions. Coaching is confidential and no cost to you. Make the call today!

Blues On Call is a service mark of the Blue Cross and Blue Shield Association. Highmark Blue Cross Blue Shield Delaware is an independent licensee of the Blue Cross and Blue Shield Association.

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。

# Medical Aid Units (MAUs)

Urgent Care Facilities for Delaware Residents



# Medical Aid Unit Locations

## New Castle County

### CCHS Medical Aid Unit - Medical Aid Unit at Middletown

Middletown CareCenter  
124 Sleepy Hollow Drive  
Middletown, DE 19709  
Monday – Sunday: 8:00 am – 8:00 pm  
Holidays: 9 am – 5 pm  
**302-449-3100**

### CCHS Medical Aid Unit - Medical Aid Unit at Christiana

HealthCare Center at Christiana  
200 Hygeia Drive  
Newark, DE 19713  
Monday – Sunday: 8:00 am – 8:00 pm  
Holidays: 9:00 am – 5:00 pm  
**302.623.0444**

### CCHS Medical Aid Unit - Glasgow Medical Aid Unit

Glasgow Medical Center  
2600 Glasgow Avenue, Suite 100  
Newark, DE 19702  
Monday – Sunday: 8:00 am – 8:00 pm  
Holidays: 9 am – 5 pm  
**302-623-3661**

### CCHS Medical Aid Unit - Medical Aid Unit at STAR

550 South College Avenue, Suite 115  
Newark, DE 19713  
Monday – Friday: 8:00 am – 8:00 pm  
Saturday – Sunday: 8:00 am – 8:00 pm  
Holidays: Closed  
**302-533-7148**

### Delaware Medical Care Inc.

Silverside Medical Aid Unit  
2700 Silverside Road  
Wilmington, DE 19810  
Monday – Saturday: 8:00 am – 8:00 pm  
Sunday: 9:00 am – 5:00 pm  
Holidays: Call for hours  
**302-225-6868**

### Eden Hill Express Care LLC

1011 East Songsmith Drive  
Bear, DE 19701  
Monday – Sunday: 8:00 am – 9:00 pm  
**302-918-7509**

### Go-Care at Abbey Medical

1 Centurian Drive, Suite 106  
Newark, DE 19713  
Monday – Friday: 9:00 am – 9:00 pm,  
Saturday: 9:00 am – 6:00 pm  
Sunday: 10:00 am – 6:00 pm  
**302-999-0003**

### MedExpress, Inc - Delaware

2722 Concord Pike  
Wilmington, DE 19803  
**302-477-1406**  
3926 Kirkwood Highway  
Wilmington, DE 19808  
**302-998-2417**

1 C Chestnut Hill Plaza  
Newark, DE 19713  
**302-266-0930**

129 N Dupont Highway  
New Castle, DE 19720  
**302-328-5150**

Monday – Sunday: 8:00 am – 8:00 pm  
Christmas Eve: 8:00 am – 4 pm  
Thanksgiving & Christmas Day: Closed

### Newark 24/7 Urgent Care Center

324 East Main Street  
Newark, DE 19711  
Monday – Sunday: 24/7 - 365 days a year  
**302-738-4300**

## Kent County

### CCHS Medical Aid Unit - Medical Aid Unit at Smyrna

Smyrna Health & Wellness Center  
100 S Main Street, Suite 101  
Smyrna, DE 19977  
Monday – Friday: 8 a.m. – 8 p.m.  
Weekends & Holidays: 8 a.m. – 4 p.m.  
**302-659-4444**

### Dover Walk In Medical

640 South Queen Street  
Dover, DE 19904  
Monday – Friday: 9:00am – 5:00 pm  
**302.734.2444**

### Eden Hill Express Care

200 Banning Street, Suite 170  
Dover, DE 19904  
Monday – Friday: 8:00 am – 9:00 pm  
Saturday – Sunday: 9:00 am – 9:00 pm  
**302-674-1999**

### MedExpress, Inc - Delaware

15 South DuPont Highway  
Dover, DE 19901  
Monday – Sunday: 8:00 am – 8:00 pm  
Christmas Eve: 8:00 am – 4:00 pm  
Thanksgiving & Christmas Day: Closed  
**302-674-1514**

## Sussex County

### Ambient Medical Care

24459 Sussex Highway  
Seaford, DE 19973  
Monday – Friday: 7:00 am – 8:00 pm  
Saturday – Sunday: 9:00 am – 5:00 pm  
**302-629-3099**

### Beebe Healthcare Georgetown

Georgetown Walk-In  
21635 Biden Avenue  
Georgetown, DE 19947  
**302-856-9729**

### Beebe Healthcare Millsboro

28538 DuPont Boulevard  
Millsboro, DE 19966  
**302-934-5052**

### Beebe Healthcare Millville

32550 Docs Place, Unit 1  
Millville, DE 19967  
**302-541-4175**  
Monday – Sunday: 9:00 am – 7:00 pm

### BayHealth Occupational & Walk-In Clinic

301 Jefferson Ave  
Milford, DE 19963

### Occupational Health

Monday – Friday: 7:30 am – 5:00 pm

### Walk-In

Monday – Friday: 12:00 pm – 7:00 pm  
**302-430-5705**

### Nanticoke Immediate Care

100 Rawlins Drive  
Seaford, DE 19973  
**302-536-5415**  
30549 Sussex Highway  
Laurel, DE 19956  
**302-715-5216**

503 West Market Street  
Georgetown, DE 19947  
**302-856-4120**

Monday – Friday: 8:00 am – 8:00 pm